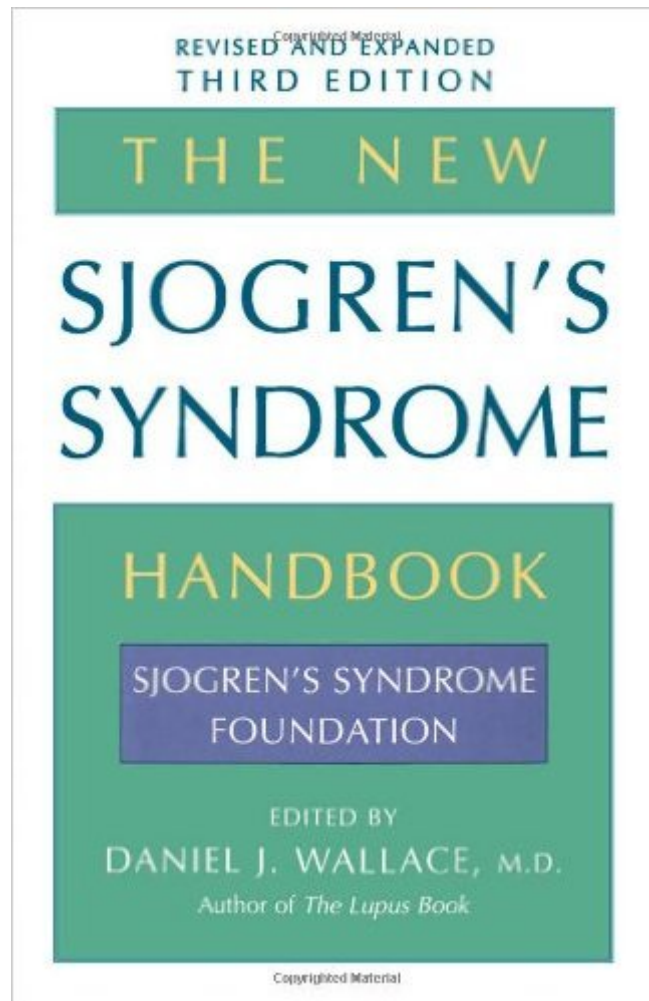


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The New Sjogren's Syndrome Handbook



Synopsis

Afflicting nearly four million Americans, Sjogren's syndrome is an autoimmune disease that commonly causes dryness of the eyes, mouth, and nose, and that can lead to complications including profound fatigue, depression, and lymphoma. While there is no cure for Sjogren's, much can be done to alleviate the suffering of patients. This extensively revised handbook offers everything you need to know to cope with this disease. The New Sjogren's Syndrome Handbook, Third Edition is a comprehensive and authoritative guide, produced by the Sjogren's Syndrome Foundation and its medical advisors and edited by physician Daniel J. Wallace, a leading authority on auto-immune disorders. This expanded edition provides readers with the best medical and practical information on this disorder, bringing together the current thinking about Sjogren's in an easily readable and understandable book. The handbook illuminates the major clinical aspects of the syndrome and is loaded with practical tips and advice to assist those seeking information. Indeed, it offers a wide-ranging look at the many faces of Sjogren's, covering diagnosis, the various organ systems that can be affected, the possible psychological problems, and the many treatment options, as well as an appendix listing the resources available for patients with the disease. It is a valuable aid that patients can use while discussing their illness with their physician and an excellent resource for family members. And because Sjogren's is greatly underdiagnosed, this handbook is a particularly valuable resource for healthcare professionals. The most reliable and informative guide available, The New Sjogren's Syndrome Handbook, Third Edition is the first place for patients to look when they have questions about this little known but serious chronic disease.

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Customer Reviews

This is a must read for anyone with this syndrome. You will need to buy several copies to carry and give to your care takers and Dr.s. Most Dr. know OF Sjogren's, but very few know HOW TO care for people with it and the complication that come from not understanding how important that moisture is to a Sjogren's patient. My Husband had surgery and told the anesthesiologist of his condition and they did not make any changes. After surgery he was so dried out and throat was sore, he could hardly sleep. We received the book about a week later and found that Sjogren's patients should have different treatment to keep them from drying out. We have given all the Dr.s that tend to my Husband this book to read. It is cheaper to educate them, than suffer the discomfort.

Very good book. I found it very informational. It is a must have for people that want to understand the disease or learn more about it. I specially liked the chapters about Sjogren's and pregnancy and the one about the antiphospholipid antibody. It has been the most complete and comprehensive handbook in Sjogren's that I have read.

The first time you receive this book, try to read the entire book. As your symptoms come and go, pull out this handbook and use it as a reference to see how doctors and patients cope with different symptoms and flare ups. When I travel, I always pack this book. Different climates affect each person differently. What may work in your area, will not always work in different parts of the world. Due to the fact I drink plenty of water, my seven year old nephew gave me the nickname of Princess Sponge

This is one of the best books out there on Sjogren's Syndrome. Because Sjogren's Syndrome is an autoimmune disorder that can affect many different parts of the body, it can be very difficult to live with...however, this book goes into detail about every possible manifestation of the disease and how to cope with them. It's very comprehensive and very scientific at times, but well worth the read.

After being given a diagnosis of Sjogren's Syndrome, I really didn't know what it meant. I searched the internet, but really couldn't find any detailed information, so I hit to find a couple of books. This one was recommended by the Sjogren's Foundation, and was an excellent choice. I was able to see some detailed information, including a break down of the different symptoms. One negative note - it

is very medically oriented, so you may need to read through it a few times.

I would give this book THREE STARS for a layperson and FIVE STARS for a health care professional -- the four star rating is a compromise. I don't think this is the best book about Sjogren's for someone without a medical background. This book is a compilation of articles or chapters, each written by different health care practitioners, about topics that relate to Sjogren's. Because of the format and the variety of contributors, the book comes across as an academic journal, with the writing directed to other health care practitioners as much as Sjogren's patients. For example, sections on "A Genetic and Immunologic Perspective" of Sjogren's and details on "Blood Tests, Imaging, Biopsies, and Beyond" were probably a little beyond the reach of a typical Sjogren's patient. Sjogren's has significant implications in pregnancy -- that's important -- but the section in which those issues are addressed -- "Adjunctive Measures, Comorbidities, and Reproductive Issues in Sjogren's" is a little over my head. Likewise, in discussing one of the most critical issues Sjogren's patients face, dry mouth, the text discussed the "importance of adequate hydration of the oral cavity" -- and then went on to discuss, in many more (and bigger) words why it is important to drink water. That academic tone is present throughout the book. There's plenty of useful information here -- and it may well be a useful reference to have on your bookshelf, to supplement what's already in your library about Sjogren's, or to share with a physician. However, if you are looking for something that explains Sjogren's in layman's terms and provides practical day-to-day tips on coping, this is probably not the best choice. I've had this (and a couple of other Sjogren's books) for about two years now; unlike the others, this one rarely comes off the bookshelf.

I found this book typically medically orientated. It was informative and accurate of the current treatments etc. but to be honest I am grateful I read this book after I had researched many forms of therapy. Otherwise I would have been utterly depressed and without hope for my future. All the 'treatments' offer is symptom relief. There is no mention of improving immune status or joint repair i.e. healing. The list is endless, with the added bonus of all the drug side effects! And what about non invasive forms of pain relief like a simple heat pad? I thought the writers could have offered a lot more for sufferers. Most people flick through the tech stuff to get to the 'how to get well' section, let's be honest. As a health care professional of traditional background, I am realising that there is a huge wealth of info from Alternative Medicine that I once dismissed like my colleagues. Holistic care is the way forward in my opinion. Oh yes, that and fish oil!!!

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